



Why choose Community Bone & Joint?

Whether you're experiencing pain in your elbows, wrists, knees, shoulders, hips, feet or ankles, we can diagnose and treat your joint condition. Our team of professionals has years of experience and are exceptionally skilled in a range of general and specialized orthopedic medicine.

If surgery is part of your treatment plan, your procedure may be performed in our office or at Lakeland Hospital, Watervliet Joint Replacement Unit. In some cases, our patients can go home to recover without an overnight stay. Whenever possible, we use arthroscopic surgery and other minimally invasive surgical techniques to promote rapid healing.

We want you to feel better and get on with your life as quickly as possible and, of course, that's what you want, too!

Our Services

Community Bone and Joint offers two board-certified orthopedic surgeons, a doctor of podiatric medicine, a certified physician assistant, and a nurse practitioner who diagnose and treat conditions of the bones, joints and muscles.

Our comprehensive services include care for:

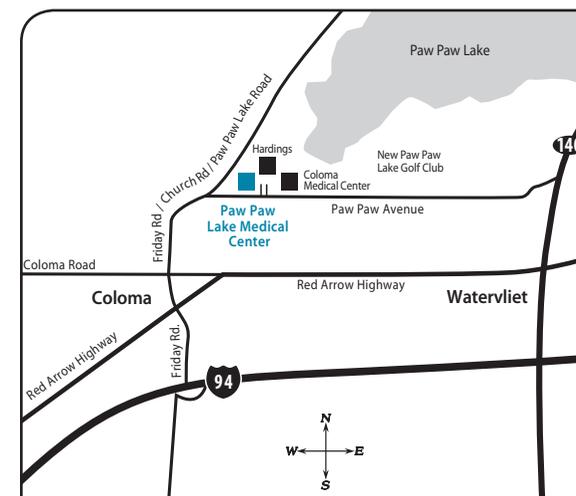
- ACL repair
- Arthritis care
- Bone fractures
- Bunions
- Carpal tunnel syndrome
- Foot and ankle surgery
- Ganglion cysts
- Ligament reconstruction
- Meniscus repair
- Rotator cuff repair
- Shoulder decompressions
- Sports medicine injuries
- Tendonitis
- Total joint replacement (shoulder, knee, hip and ankle)
- Trauma care
- Trigger finger



Community Medical Center Walk-in Clinic

If you have an urgent need after our regular office hours, please visit the Walk-in Clinic located inside Lakeland Hospital, Watervliet or go the nearest Emergency Department and they will contact us on your behalf.

Our Location



Community Bone & Joint

is located at:

Paw Paw Lake Medical Center
6559 Paw Paw Avenue
Coloma, MI 49038
(269) 463-3600



www.lakelandhealth.org/communityboneandjoint

NS270-66 (09/14)

Comprehensive Orthopedic Care



Community Bone & Joint



Appointments

Our patients are usually referred to us by their family doctor for care. However, a doctor's referral isn't necessary to request an appointment. For your first appointment, please plan to arrive 15 minutes before your scheduled visit to allow time for any necessary paperwork.

You will need to bring the following items with you:

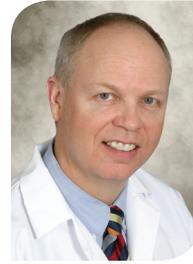
- Insurance cards including Medicare or Medicaid
- Any prior X-rays for the condition for which you are being seen
- Completed medical history forms sent to you by our office

If you cannot keep an appointment, please call us at **(269) 463-3600** at least 24 hours in advance to cancel or reschedule. This allows us to schedule another patient for this time and helps us serve our patients more efficiently.

Fees and Insurance

Office visit fees are based on the type of treatment and level of care provided to you. Please feel free to ask our office staff about fees for a particular treatment. Our billing staff is happy to discuss fees and payment arrangements with you, including monthly payments for large bills. Please have your account number handy for quick reference if you call with any questions. Our billing specialists can be reached at **(269) 463-2277**. We accept most insurance and health plans, including Medicare. You will be asked to pay any co-payments at the time of your appointment. If you need assistance with insurance forms, please call **(269) 463-3111** between the hours of 8:00 a.m. to 5:00 p.m. and ask to speak with a billing specialist.

Meet Our Medical Director



Robert Schaefer, MD

Dr. Schaefer earned his medical degree at Wright State University and completed an orthopedic surgery residency at the University of Kansas. Following residency, he fulfilled a sports medicine fellowship at Cincinnati

Sports Medicine & Orthopedic Center in Ohio. Dr. Schaefer is board-certified by the American Board of Orthopedic Surgeons and has 20 years of orthopedic care experience. He serves as medical director of the Lakeland Hospital, Watervliet Center for Joint Replacement, and specializes in knee and hip replacement surgery, arthroscopy and sports medicine care.

Meet Our Surgeons and Staff



Jeffrey Postma, DO

A southwest Michigan native, Dr. Postma has over 16 years of experience. He is board-certified by the American Osteopathic Board of Orthopedic Surgery. Dr. Postma earned his Doctoral degree from the Michigan

State University College of Osteopathic Medicine. He completed his Orthopedic Surgery Residency at Genesys Regional Medical Center in Flint, Michigan. Dr. Postma is a member of the American Academy of Orthopaedic Surgeons, American Osteopathic Academy of Orthopedics, American Osteopathic Association, and the Michigan Orthopaedic Society.



Michael Maskill, DPM

Dr. Maskill is a graduate of the Dr. William M. Scholl College of Podiatric Medicine at Rosalind Franklin University of Medicine and Science in Chicago. He completed his foot and ankle surgical

residency at Western Pennsylvania Hospital in Pittsburgh, Pennsylvania. Dr. Maskill is a member of the American College of Foot and Ankle Surgeons and has a special interest in foot and ankle problems resulting from diabetes, arthritis, trauma and sport injuries.



Jonathan Nykamp, FNP

Jonathan is certified as a family nurse practitioner by the American Nurses Credentialing Center. He received his Bachelor of Science degree in Nursing from Calvin College, and a Master of Science degree

in Nursing from Grand Valley State University. Jonathan is a member of Sigma Theta Tau, the International Honor Society of Nursing.



Tracy Smith, PA-C, ATC

Tracy completed a Master's Degree in the Physician Assistant Program at Wayne State University in Detroit, Michigan. In addition to her qualifications as a physician's assistant, she is a certified

athletic trainer. Tracy is a member of the American Academy of Physician Assistants and National Athletic Trainer's Association.

"Dr. Schaefer was very caring and seemed genuinely concerned about my well-being."

"Dr. Maskill answered all of my questions very well! He was friendly, professional, and on time!"

"Jonathan Nykamp, FNP put me at ease. He explained everything in great detail and was very nice."

Dr. Postma explained my procedure thoroughly. Afterwards, there was nothing for me to fear. He put me at ease.

"I got in right away when I broke my ankle and had to schedule an appointment on my day off."

"Tracy Smith, PA-C, ATC was courteous and open-minded. She helped me in every way possible."

"All of the staff made me feel comfortable and at home."