

Continuing Medical Education for May

Lakeland Regional Health System holds MSMS CME Accreditation to provide continuing education for staff physicians. Weekly CME programs are designated for 1.0 credit hours and are for Lakeland general medical staff members and ancillary medical staff. All area physicians are invited to attend symposium events such as the spring symposium.

CME programs are held every Thursday at noon in the Frederick S. Upton Education Center at Lakeland Hospital, St. Joseph and via teleconference in the meeting room at Lakeland Hospital, Niles. Lunch is provided. Topics and speakers for the balance of the season are listed below. Weekly CME will resume in September.

May 4

Blood Products Utilization
Elizabeth Atkinson, MD, Michigan Community Blood Bank Centers

May 11

Current Management of Venous Insufficiency
Glen Hastings, MD, Surgical Specialties of St. Joseph

May 18

Update on Treatment of Erectile Dysfunction
Dana Ohl, MD, University of Michigan

May 25

Emerging Applications for PET/CT
Richard Wahl, MD, Johns Hopkins Medicine

June 1

New Horizons In CT
Nathan Jordan, MD, Lakeland Radiology

For more information, contact Debra Killingbeck, CME coordinator, Lakeland Care Inc., at 269-927-5153.

Healing Benefits of Music During Surgery

Since ancient times, music has been used to heal. Contemporary studies support this: music can positively affect heart rate, breathing rate, blood pressure and anxiety levels. Music has been shown to be especially helpful to patients having surgery, with these results:

- Reduces stress and feelings of anxiety
- Relaxes both the body and the mind
- Provides a sense of comfort and familiarity

Lakeland provides Sondrex headphones to patients during surgery. Patients can select their own music ahead of time or choose from a wide array of CDs. The headphones are available to patients to enjoy before, during and after their surgery, or simply to help them relax during their stay.

For more information, call 269-983-8805.

