

Quantitative Fecal Fat Collection

1. Adults should be on a diet of 100 grams of fat per day for at least three days prior to the test. The diet should continue during the collection period.

Note: Do not schedule barium contrast studies during the collection period as the barium will interfere with the quantitation of fat.

2. **Stool collection:** Place a large clean plastic bag or large piece of plastic wrap over the toilet seat opening and allow for a small depression in the plastic or bag. Pass the specimen in the bag/plastic wrap. The specimen must not be contaminated with urine. Place the entire specimen in the pre-weighed metal can supplied by the laboratory. The can should be labeled with the patient's name and date of birth and times of the bowel movements. Indicate on the container whether the collection was over a 24, 48 or 72 hour time frame. The specimen should be refrigerated during collection. If refrigerator space is a problem, you may keep the container cool by placing it in a bucket kept half filled with slush ice.
3. When the collection period is over, please bring the specimen to the laboratory for testing. See other side for laboratory locations and hours of operation.

Lakeland Outpatient Service Centers

Lakeland hopes that the following information will assist you in choosing a location for outpatient services. Outpatient services include: blood draws, drop off non-blood specimens (urine, stool), EKG's, urine drug screens and radiology testing. Patients may go to the location of their choice with a valid physician order.

Lakeland Center for Outpatient Services	
Address	3900 Hollywood Road St. Joseph, MI 49085
Phone Number	269.556.2800
Hours of Operation	Monday – Friday 6:00 a.m. to 7:00 p.m. & Saturday 7:00 a.m. to 1:00 p.m.
Lakeland Community Hospital, Niles	
Address	31 North St. Joseph Avenue Niles, MI 49120
Phone Number	269.683.5510
Hours of Operation	Monday – Friday 6:00 a.m. to 5:30 p.m. & Saturday 8:00 a.m. to 1:00 p.m.
Paw Paw Lake Medical Center	
Address	6559 Paw Paw Avenue Coloma, MI 49038
Phone Number	269.983.8311 or 800.513.9193
Hours of Operation	Monday – Friday 8:00 a.m. to 5:00 p.m.
Lakeland Laboratory, Cedarwood (No Radiology Services)	
Address	820 Lester Ave St. Joseph, MI 49085
Phone Number	269.983.8311 or 800.513.9193
Hours of Operation	Monday – Friday 8:00 a.m. to 4:30 p.m. Closed for lunch between the hours of 12:30 and 1:00 p.m.
Cass Family Clinic (No Radiology Services)	
Address	109 School Street Cassopolis, MI 49031
Phone Number	269.983.8311 or 800.513.9193
Hours of Operation	Monday – Friday 8:00 a.m. to 5:00 p.m.

Lakeland is pleased to offer the option to **schedule** your laboratory or radiology procedure(s) at both the Center for Outpatient Services location and the Lakeland Community Hospital, Niles location. Scheduled patients are registered prior to their arrival and seen at their scheduled time. **Call 269-556-2810 or 800-791-2810** to make an appointment.

For additional information, visit us online!

Laboratory: www.lakelandhealth.org/lab
Radiology: www.lakelandhealth.org/imaging