

Sputum Collection for Cytology

1. Obtain collection jar containing preservative from laboratory.
Caution: Preservative solution is poisonous. Do not ingest. Keep out of the reach of children.
2. Collect each specimen first thing in the morning, before eating breakfast. Brush your teeth, gargle and spit out any saliva prior to collection.
3. Breathe as deeply as possible and inhale to the full capacity of the lungs.
4. Exhale the air with an explosive cough. This should produce a sputum specimen satisfactory for testing.
5. Carefully place the sputum specimen into the collection jar.
6. Saliva is of no diagnostic importance. Do not spit into the preservative without a deep cough.
7. Write the patient's name, date of birth and collection date and time on container.
8. Deliver to the laboratory for testing. See other side for laboratory locations and hours of operation.

Lakeland Outpatient Service Centers

Lakeland hopes that the following information will assist you in choosing a location for outpatient services. Outpatient services include: blood draws, drop off non-blood specimens (urine, stool), EKG's, urine drug screens and radiology testing. Patients may go to the location of their choice with a valid physician order.

Lakeland Center for Outpatient Services	
Address	3900 Hollywood Road St. Joseph, MI 49085
Phone Number	269.556.2800
Hours of Operation	Monday – Friday 6:00 a.m. to 7:00 p.m. & Saturday 7:00 a.m. to 1:00 p.m.
Lakeland Community Hospital, Niles	
Address	31 North St. Joseph Avenue Niles, MI 49120
Phone Number	269.683.5510
Hours of Operation	Monday – Friday 6:00 a.m. to 5:30 p.m. & Saturday 8:00 a.m. to 1:00 p.m.
Paw Paw Lake Medical Center	
Address	6559 Paw Paw Avenue Coloma, MI 49038
Phone Number	269.983.8311 or 800.513.9193
Hours of Operation	Monday – Friday 8:00 a.m. to 5:00 p.m.
Lakeland Laboratory, Cedarwood (<i>No Radiology Services</i>)	
Address	820 Lester Ave St. Joseph, MI 49085
Phone Number	269.983.8311 or 800.513.9193
Hours of Operation	Monday – Friday 8:00 a.m. to 4:30 p.m. Closed for lunch between the hours of 12:30 and 1:00 p.m.
Cass Family Clinic (<i>No Radiology Services</i>)	
Address	109 School Street Cassopolis, MI 49031
Phone Number	269.983.8311 or 800.513.9193
Hours of Operation	Monday – Friday 8:00 a.m. to 5:00 p.m.

Lakeland is pleased to offer the option to **schedule** your laboratory or radiology procedure(s) at both the Center for Outpatient Services location and the Lakeland Community Hospital, Niles location. Scheduled patients are registered prior to their arrival and seen at their scheduled time. **Call 269-556-2810 or 800-791-2810** to make an appointment.

For additional information, visit us online!

Laboratory: www.lakelandhealth.org/lab
Radiology: www.lakelandhealth.org/imaging